



# Sustainable Pickering

## Tips to Reduce Idling

### **Reduce warm up idling**

Mechanics say that you need no more than 30 seconds of idling to circulate the engine oil, even on cold days.

### **Turn it off after 10 seconds**

Research has shown that if you are going to be stopped for more than 10 seconds (except in traffic); it is more economical to turn your engine off. Idling wastes more fuel than restarting your engine.

### **Minimize use of remote car starters**

These devices encourage you to start your car before you are ready to leave, causing wasteful idling.

### **Use a block heater**

Warming up your engine with a block heater will improve fuel efficiency and reduce exhaust fumes.

### **Take-Out, not Drive-Through**

Rather than getting out of their cars and walking into a restaurant, many motorists choose to pick up their meals or coffee through the drive-through. When you idle in a drive-through lane, you waste gas and money, and needlessly harm the environment.

### **Choose your Routes Wisely**

Avoid roads with high traffic volume, numerous stops, or construction, as these things will force you to idle. Consider your travel routes ahead of time, before you start driving.